

in those under treatment, and they are very apt to confound even an expert physician in matters of diagnosis. Shivering, delirium^ epileptic fits, tingling sensations in the limbs, lassitude, neuralgic pain, darkness of vision, vertigo and mind-wanderings are the symptoms, which mark the Vata type of Amlapittam. In the type, marked by the dominant action of the deranged and aggravated Kapha, symptoms such as expectoration of mucous, heaviness of the limbs, lassitude with a distaste for food, and shivering with a gone feeling in the limbs manifest themselves. In the type due to the combined action of the deranged Vayu and Kapha, drowsiness, together with the specific symptoms of the two abovesaid types, forms the specific feature. Bitter or acid eructations, with a burning sensation in the throat, sides and the epigastrium, vertigo, swooning, vomiting, lassitude with a distaste for food, headache, salivation, and a sweet taste in the mouth are the symptoms, Which mark the Kapha type of Amlapittam.

CHAPTER CLXXXVI

Now hear me, O Sushruta> discourse on the Nidanain of Simla (Colic, etc., and neuralgic pain). Over-fatiguing physical labour, excessive riding, or pedestrian journey, sexual excesses, late hours, drinking of extremely cold water,

ingestion of Extremely parchifying articles of
fare, such as
peas, Mudgapulse, etc., eating before a
previous meal is
digested, hurt or injury, eating of bitter or
"astringent articles
in exclusion of those of any other taste, as well as
of incom-
patible food-stuff, suppression of any natural
urgings of
the body, grief, fasting, and excessive laughter
or talk are